



# ULSTER COUNTY NEWS

ULSTER COUNTY NEWS INFORMATION  
OFFICE OF ULSTER COUNTY LEGISLATURE  
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**FOR IMMEDIATE RELEASE**

**OCTOBER 25, 2006**

**Contact: Kathryn Puglisi, Acting Director**  
**Ulster County Office for the Aging**  
**400 Stockade Drive**  
**Kingston, New York 12401**  
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## **"Caregiving Through The Holidays Workshop"**

*The holiday season can be difficult when you are caring for a loved one with dementia or Alzheimer's Disease. Join us on Wednesday, November 8, 2006 for a workshop with helpful caregiving tips for enjoying the holidays!*

**Susan Zimet, Chairman of the Arts, Education, Tourism and Community Relations Committee joins Kathryn Puglisi, Acting Director of the Ulster County Office for the Aging in announcing the "Caregiving Through the Holidays Workshop," hosted by the Ulster County Office for the Aging, Alzheimer's Association/Hudson Valley Chapter, Ulster Home Care, and HANDS ON! The Hudson and Jewish Family Services of Ulster County.**

## **"Caregiving Through the Holidays Workshop"**

November 8, 2006  
10 AM to NOON

Central Hudson Conference  
120 Route 28  
Kingston, New York

For additional information and registration, call the Ulster County Office for the Aging at (845) 340-3456 or the Alzheimer's Association/Hudson Valley Chapter at (845) 340-8474.